



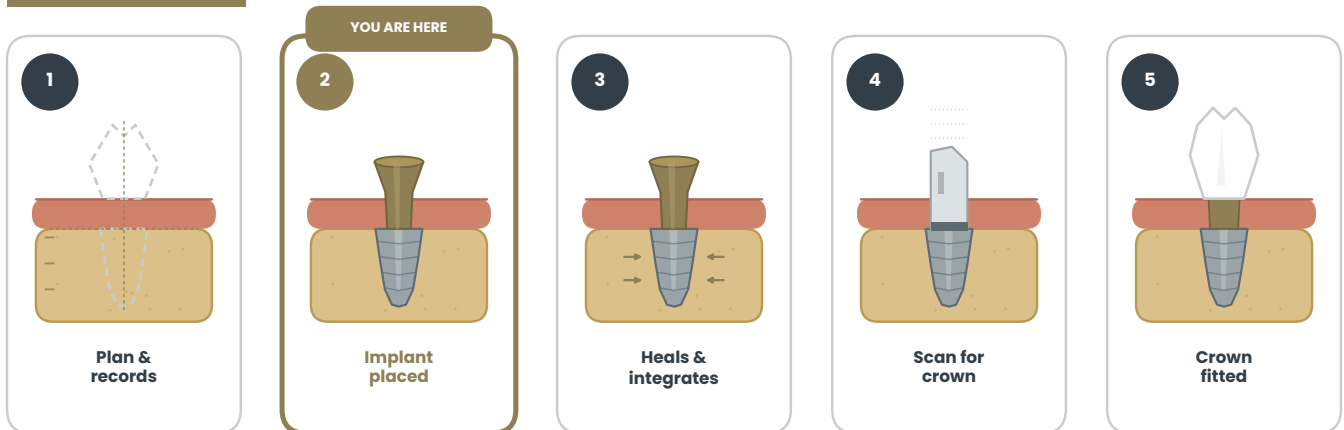
## Implant Surgery

Single-Stage Placement — placing your implant & healing cap in one visit

Today your titanium implant is placed into the jawbone to replace the root of your missing tooth. In the single-stage approach we also fit a small healing cap that sits just through the gum, so a second uncovering surgery is not needed. You stay comfortable with local anaesthetic, and it usually takes about an hour.

### Your dental implant journey

You are at step 2 of 5



### What happens on the day

- 1 Numb** — a local anaesthetic fully numbs the area — you feel pressure, not pain.
- 2 Place** — a small channel is made in the bone and the implant is gently placed.
- 3 Healing cap** — a healing cap is fitted so the gum can shape around it.
- 4 Settle** — the gum is settled with a few small stitches if needed.
- 5 Aftercare** — we check everything and give you your aftercare advice.

### Caring for it at home

**✓ Please do**

- Take pain relief as advised; rest on day one.
- Use a cold pack on your cheek to ease swelling.
- Eat soft, cool foods for the first few days.
- Rinse gently with warm salt water from day one.

**✗ Please avoid**

- Avoid smoking — it slows healing and risks failure.
- Don't poke the site with tongue or fingers.
- No vigorous rinsing or spitting for 24 hours.
- Avoid chewing hard foods over the implant.

**Call your dentist if:** you have heavy bleeding that won't stop, increasing pain or swelling after 2–3 days, fever, or the healing cap feels loose or comes out — these are uncommon and easily managed.